

Surprise MEDICAL Billing



The Covid-19 pandemic brought most of us face-to-face with the mysteries of our healthcare system. Despite the CARES Act, which was intended to make Covid testing accessible and affordable for all, many people received extraordinarily high bills from testing centers, myself included. I went to an urgent care center to test for antibodies. The test was performed in my car, by a nurse, and the entire process took no more than 15 minutes. I was told not to worry about paying because I am a doctor...a week later, I received a bill for \$2750.

At BreatheMD, our patients file their own claims for Covid testing. With the CARES Act requiring insurance companies to cover all Covid-related costs, we felt confident our patients would get reimbursed. Instead, the insurance companies created roadblocks by changing the ICD-10 and CPT codes (at least five times since the pandemic started) and rejecting claims based on "incorrect codes."

The absence of price transparency in our healthcare system plus having large institutions -- hospitals and insurance companies -- holding the monetary power, eliminates any chance of fair treatment for healthcare consumers. President Trump recognized this problem, and by law, hospitals are now required to list prices on their website in a consumer-friendly format. And while this is a step in the right direction, people with urgent medical problems don't have the luxury of comparison shopping.

A small but growing movement has started amongst physicians and disillusioned insurance brokers to help healthcare consumers find affordable, quality care for non-urgent medical problems. While insurance companies and hospitals are essential for catastrophic care, chronic and less severe health problems are better served by a system where everyone knows exactly how much their care will cost before they receive it.

If you are interested in shopping for healthcare, we encourage you to look at sites such as ZocDoc, UberDoc, Sesame, BabylonHealth, and FMMA (Free Market Medical Association.) Google "direct primary care near me" and you will find physicians who charge cash but at fair prices.

Direct specialty care is for specialists like myself who don't accept insurance but believe in fair, transparent pricing. This is particularly important for surgery since the surgery center, surgeon, and anesthesiologist all contribute to the total cost. I am one of the few ENTs in the country who lists surgery prices on my website (www.breathemd.org) with all those costs accounted for -- no surprises. Eventually, this will become the norm, but until then, don't let the system take advantage of you. Demand to know the cost before you receive treatment!



Customized IV Vitamin and Fluid infusion in the Salt Cave
Ballancer Pro Lymphatic Drainage
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Wellness Classes in the Salt Cave
Medical Massage
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Tanglewood resident

ask the expert

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Get A Dose of Positive Energy

Jumpstart Your Detox with Vitamin IV Therapy Plus Ozone Therapy!

Getting enough vitamins is a never-ending struggle. When you're healthy you digest and absorb food in a finely regulated manner that releases nutrients from your gut and liver into your bloodstream. Yet even the healthiest bodies aren't able to absorb more than around 50% of the hydration and vitamins they receive through their food, drinks, and any supplements they take. An IV drip solves this problem, completely bypassing the gut to efficiently deliver all those essential fluids and nutrients directly into your bloodstream. It's fast, safe, 100% absorption at high doses that would never be tolerated orally. It will detox, hydrate and nourish your cells, nurturing your body from the inside out. It creates dramatic, long-lasting, and often instant results.

Interested in boosting your health to the next level? Try ozone and UBI therapy or add it to vitamin IV therapy! Ozone therapy is the quickest way to boost oxygen levels, purify your blood, detox on a cellular level, and jumpstart your immune system.

What Are Ozone and UBI (Ultraviolet Blood Irradiation)?
It starts with ozone (O3), which is oxygen, but different than the oxygen molecules we breathe. Ozone is a powerful sterilizer and can be used to destroy pathogens like bacteria, viruses, and more it will attach itself to any heavy metals in your body allowing you to detox them out of the body.

Ultraviolet blood irradiation (UBI) exposes blood to ultraviolet rays to stimulate white blood cells and the immune system.

Conditions that may benefit from Ozone/UBI Therapy include:

- Poor detoxification
- Chronic and acute infections
- Brain fog
- Challenges with the digestive system
- Fatigue

- Allergies and chemical sensitivities
- Inflammatory conditions and arthritis
- Mood disorders
- Depression
- Fibromyalgia
- Cardiovascular
- Eye conditions
- Dental conditions
- Fibromyalgia
- Non-healing wounds

BluVida's Health and Wellness Center is in Katy, and for those of us living in Tanglewood, it is an easier (and faster) drive than getting to Houston's Med Center! BluVida is a fully credentialed med spa providing the tools and talent to empower our clients to optimize their Health and Wellness. Our IV spa is staffed by RNs, supervised by our physician medical director. We also offer traditional nutritional I.V. services along with PEMF. Visit www.BluVida.com for a full menu of our technology and services.

*These statements have not been evaluated by the Food and Drug Administration. These products and/or services are not intended to diagnose, treat, cure or prevent any disease.

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BluVida Precision Health and Wellness

Be Healthy, Be Fit, Be Wise...Start Living Your Best Life Now!



Do you have a topic you want to educate the community on? Email us at TanglewoodLiving@N2Pub.com.